

# HEALING THE SPIRITUAL ZEITGEIST

## ENERGETIC CANCER CARE

The FREE bonus lecture with Edwin Courtenay

**SESSION ONE FROM 7PM TO 7:45PM**

**START RECORDING**

**WELCOME TO THIS SPECIAL FREE BONUS LECTURE ON HEALING THE SPIRITUAL ZEITGEIST - ENERGETIC CANCER CARE - before we begin a few ...**

## **ZOOM RULES**

- **Despite receiving a PDF copy of this evenings notes - I would suggest you use a pen and pad to scribble down anything of interest that you hear along the way**

**Anything that jumps out at you, that you feel is significant for yourself or anyone else around you at this moment in time ...**

**Also anything you might want to ask me a question about later AND of course anything you might want to note down regarding your experiences in tonight's meditation and exercise.**

- **We will have appointed Q&A moments throughout the evening so PLEASE keep your questions until then**

**PLEASE NOTE WE WILL BE HANDLING Q&A'S FOR THIS LECTURE SERIES DIFFERENTLY TO OTHERS IN THE SENSE THAT I WILL BE RECORDING THEM! SO PLEASE ONLY ASK A QUESTION IF YOU ARE OK WITH BOTH YOUR VOICE AND YOUR NAME BEING ON THE RECORDING!**

**When we get to these moments I will ask you to give me a wave - if you have a question - then I will come to you by name and ask you to unmute yourself.**

**PLEASE BE CONCISE IN REGARDS TO YOUR QUESTIONS - NO ANECDOTES OR SHARING OF EXPERIENCES UNLESS RELEVANT AS WE HAVE LITTLE TIME - AND OF COURSE NO ADVERTISING OF WARES OR PRACTICES.**

- **If you have any questions that you don't manage to get answered today - or have questions you'd rather ask me directly - PLEASE**

**submit them via our online form** which can be found on our website on the button titled **“QUESTIONS FOR ED”**

- **If you have any technical issues during the session** we would usually advise that you either log out and log back in using the same link or that you try switching off your camera as this can give you a little more broadband width and sure up your connection. If none of this works try rebooting your computer (switching it off and then on again) as this sometimes helps.
- **The session will last an hour and a half with a slightly shorter than usual five minute comfort break after the first forty five minutes.**
- **And finally ... a lot of the information I am going to give you this evening has either been given to me directly by Spirit or is a result of my 32 years of experience as a spiritual healer.** Therefore you might not find similar reference to it on the internet and you may find it different to what you yourself believe or what other people say. **IT IS THEN VERY IMPORTANT that you engage your discernment throughout the evening and accept the information ONLY if it resonates with you!**

Right ... at the moment **I have muted you all** which means I won't be able to hear you and you won't be able to hear each other BUT you will be able to hear me. This is how the majority of the session will be handled so as to prevent chaos reigning.

**Ok lets get started ...**

## **INTRODUCING MYSELF & THE LECTURE**

**There are very few these days whose lives have not been touched in some way by cancer! So prevalent is the disease in our modern times and yet both the spiritual world and the world of science remain unclear on what the true cause is.**

**Or indeed whether one cause truly exists!**

**Like wise treating cancer is complicated, as every cancer seems in many ways unique - this combined with the fact that every client is unique and uniquely experiences their cancer makes treatment difficult - both medically and holistically.**

**Throughout my 35 years as a healer and spiritual guide I have helped many with their cancer journey - amassing information concerning the many theories behind those conditions which contribute to cancers manifestation in man and their treatment.**

**Tonight I will draw upon my experiences as a spiritual healer, a magical healer, a crystal and sound healer in order to offer help not only with the condition itself but also the caring of those going through the ardour of orthodox medical treatment.**

**Offering aids that might help with the symptoms of chemo and radio therapy as well as surgical treatment and drugs. In the hopes that it might help either those currently on this journey or those caring for someone who is.**

**Not offering cure - but rather care.**

**PLEASE NOTE I see these practices as COMPLEMENTARY to any orthodox medical or mental health assistance that has been advised and is being given and in no way shape or form as a replacement for them.**

## **SHOW PICTURES**

**Tonights lecture is dedicated to two wonderful women - Lucia Grail and Rosalie Hill - both clients of mine who later became friends - both ladies who dealt with their own cancers bravely and with grace and both ladies who have now passed into spirit and whose love and light is sorely missed.**

**Let's start with an little opening meditation to settle us into the evening ...**

# **OPENING MEDITATION - receiving the blessing from the Archangel Tzaphkiel - SHOW PICTURE & PLAY SANITATUM SPIRITUS**

- Take a few moments to make yourself as comfortable as you can be on your chair ...
- Close your eyes and take a few slightly longer, slightly slower breathes ...
- Breathing in - breathing out - breathing in - breathing out ...
- Focus on the sound of my voice and relax ...
- Give your shoulders a shrug making sure they are loose and dropped and relaxed ...
- Give your neck a gentle twist and turn, balancing your head on your neck comfortably ...
- Make sure there's no tension in your hands or feet and that your chair is supporting your lower back well ...
- Sit back ... breathe ... relaxed and calm ...
- I want you to bring your attention to the space directly behind you - to the space directly behind your chair ...

- I am going to speak a prayer of summoning calling upon the presence of the Archangel Tzaphkiel - the Archea - female Archangel of transformation and love ...
- As I do so I want you to try and bring your awareness to the space behind you.
- Feeling the presence of the Archea building in that space, forming and taking shape ...
- A feeling like a ray of warm sunshine upon your back ...
- A feeling of the space behind you expanding - opening up - filling with the feeling of summer - of peace and freedom, liberation from worry and pain and stress, the feeling of a summer garden blooming with wild flowers and deep love and care ...

ARCHEA TZAPHKIEL

ARCHANGEL OF TRANSFORMATION AND LOVE

CUSTODIAN OF THE VIOLET FLAME OF PEACE

HARBINGER OF THE MOTHERS LOVE

OF CARE AND GRACE

COME TO US AND SHOWER US WITH YOUR PRESENCE

THAT YOUR LOVE MIGHT GIVE US SHELTER - IF ONLY FOR A MOMENT

THAT YOUR POWER MIGHT RENEW OUR HOPE

THAT WE MIGHT LAY AT YOUR FEET

OUR WORRIES AND CONCERNS AND BE FREE

IF ONLY FOR A MOMENT  
OF THE TRIALS AND TRIBULATIONS OF OUR LIFE  
LET THIS THEN BE SO  
FOR THE GREATER GOOD OF ALL  
AND IN ACCORDANCE WITH THE WILL OF THE HIGHER SELF  
SO MOTE IT BE - AMEN

- You feel gentle hands reach towards you - their little weight resting on your shoulders
- Delicate hands but warm - as warm as sunshine
- You feel yourself pulled gently backwards into that eternal summer - into that meadow - that garden filled with wild flowers and buzzing bee's - filled with sunshine ...
- Filled with a warmth that soothes and comforts
- A warmth that flows like a river of honey through your muscles, bones and veins ...
- A deep penetrating warmth that encourages your body to release and relax ... to release and relax ... to release and relax ...
- Surrender to that warmth - to that presence - to that love



- Let the feel of it grow and intensify as the Archangel saturates you in her power ...
- Showers you in her light ...
- The violet flame and the power of love ...
- The colour of amethyst and roses ...
- The colour of the rising dawn ...
- The colour of transformation and care flowing deep ..
- Through your body and being into your very spirit and soul ...
- Rest in this power for a moment and in a moment my voice will return to guide you on ...
- PAUSE
- It is time to return ...
- Take a few breathes and allowing the sensation to continue to flow through your being allow the presence ...
- The Archea Tzaphkiel to begin to step back taking her garden with her ...
- Removing her hands from your shoulders ...

- Stepping back into the ethers - her form fading - her light diminishing whilst you are returning - the glimpse of heaven - the heavenly garden closing behind you - folding behind you back into normal space and time ...
- Give thanks to her as she goes - back, back to the heavenly realms.
- Take a few deep breathes - become aware of the chair beneath you ... the floor beneath your feet ...
- Hear the sound of my voice and the music ...
- Grounding yourself - centering yourself back into the here and now and when you are ready opening your eyes and returning here.

**We will return to the Archangel Tzaphkiel a little later and her significance in regards to tonights topic but for now lets start with ...**

## **THE CAUSE OF CANCER**

**Back in the day - in the late 80's early 90's if you went to see a healer for help with cancer they would usually tell you one of two things! The cancer had manifested because you had a past life where you practiced black magic! Or it had manifested because you were selfish!!**

**Shocking eh! But alas true! Because unfortunately at the time there really weren't that many alternate theories about as to why people contracted cancer.**

**Fortunately things have rather moved on from then :o-)**

**My experience is that there is no ABSOLUTE answer as to why we get cancer, partly because we are all individuals and partly because cancer is not always what it seems to be.**

**I believe that some things can contribute to the manifestation of cancer but I don't believe in one definite - definitive formulaic root cause. I think there are very probably multiple conditions that collide manifesting cancer as a result.**

**Inherited DNA, the mutation of cells - sometimes naturally and sometimes as a result of exposure to electromagnetic energy, environmental pollutants but also conditions that we develop in life. Such as stress, anxiety, depression, hate, anger and fear. All contributing to the manifestation of cancer.**

**All things - unfortunately - which our world (and our worlds media) cultivates in us at this moment in time.**

**Are there past life contributing factors - sometimes but not always - is cancer sometimes the path that we are meant to tread - to experience for one reason or another - sometimes once again yes - but not always.**

**Complicating this is the fact that - Spirit say - some cancers - identified as such today - aren't in truth cancers at all and that in the future these conditions will be seen as an entirely different and unique thing and treated as such - separate from the traditional cancer treatments used at the moment. BUT that time is a long way off at present.**

**Can it help us to understand why we have cancer ... if indeed there is a reason - sometimes - that depends upon the person. Sometimes - I might even go so far as to say - often it's better to focus the mind of the client in the present and dealing with that which they have to face now.**

**It is important to note that cancer - of course - brings up tremendous fear in people - just the word gives me the collywobbles - and it can also produce tremendous anger too. Anger at God, anger at the world, anger at our fellow man.**

**Why me - not them - often being a phrase that pops to mind BUT no one is exempt or necessarily free. It doesn't matter who you are -**

**pauper or king - saint or sinner - if cancer emerges within you - it emerges within you and has to be dealt with head on.**

**So how do we go about doing just that?**

## **HEALING CANCER**

**Firstly we CANNOT AND SHOULD NOT CLAIM WE CAN CURE CANCER!**

**Not only is the statement often untrue - as all cancers are different because all people are different how can we begin to claim to cure something which isn't formulaic or quantifiable? The answer is we can't!**

**We should of course always secretly aim for cure but we should never promise it AND we should never claim it either.**

**Because it's actually illegal to do so! And you can and will be arrested and jailed if someone reports you for doing so.**

**I know people who have and they have indeed gone to jail because of it! So ... be careful with any boasts and claims! And be sceptical of anyone who does!!**

**Secondly - although we might not then be able cure it - we can help people heal from it AND we can definitely help them deal with it - managing the symptoms of both the cancer itself and the treatment they are going through. So let's look at how ...**

## **SPIRITUAL HEALING AND FAITH - SACRED SOUND AND MIRACLES**

**Here then faith in the healer is pretty important because you want your client to be working with you - their thoughts and energies aligned with your own - rather than working against you and their own recovery.**

**In healing faith is half the fight and if you can carouse the client - get them to buy into the power working through you then your success rate will always be higher because the client will also be triggering their own bodies ability to heal and this can often be - in and of itself - the most remarkable thing!**

**An adaptive bio engineered miracle designed with one purpose in mind - to keep us alive for as long as it can!**

**Spiritual healing then - which some these days might consider to be "bog standard" is something I would always turn to first because**

**this type of healing - where the healer surrenders to the higher power working through them can - in some circumstances - perform miracles. Without you or the client knowing how or why!**

**Open yourself up then to Spirit and let them determine what the client needs and allow yourself to be the medium through which it is delivered. Maybe you will receive guidance as to specific approaches - maybe not. If you do follow the bread crumbs and see where they lead.**

**But be open to Spirit guiding the client through you to seek others - NLP practitioners, shamans, EFT practitioners, Life Coaches - if that is what Spirit feels they need.**

**Needless to say the healing will need to be regular and ongoing - partly dependant upon your work load and the clients budget and the severity of their cancer but in some cases once a week and in other cases two or three times a month.**

**Although it feels like it needn't be said it is important to remember that as healers we can't "catch cancer" and so shouldn't feel concerned healing someone with it BUT because cancer clients are often in a highly charged emotional state we must remember to protect ourselves from their upset, expectation and need and disentangle ourselves from them after every session.**

**Personally I also always like to give my clients some home work - something they can do for themselves between sessions - to keep the healing momentum going.**

**As you don't know what state your client might be in you need to have a few options up your sleeve from pre-recorded meditations that the client can listen to - which will require some effort on their part - to may be simple sounds that they play when they nap or sleep if staying focused for long periods is too difficult or uncomfortable.**

**Here I would turn to Solfeggio Tones - tones that are credited with powerful healing properties. Samples of these can easily be found for free on You Tube but you can also buy crystal singing bowls and chimes attuned to their frequencies.**

**I would suggest 6 of the tones - SHOW PICTURE**

Frequency	Associated Properties (Beliefs)
174 Hz	Alleviates physical pain and stress, providing a sense of security and grounding.
285 Hz	Promotes cellular regeneration, tissue healing, and the renewal of energy fields, leaving the body rejuvenated.



417 Hz	"Undoing situations," facilitating change and new beginnings, and cleansing negative energy from the body and environment.
528 Hz	Known as the "Miracle Tone" or "Love Frequency," associated with DNA repair, transformation, increased energy, creativity, and mood elevation.
852 Hz	Associated with returning to spiritual order, awakening inner strength and intuition, and replacing negative thoughts with positive ones.
963 Hz	"Pure Miracle Tones"; activates the pineal gland, raises consciousness, and helps connect to the Divine or a sense of "Oneness".

**As well as this I would suggest the following ...**

## **CRYSTALS - SHOW PICTURES**

**For me Sugilite is THE cancer healing stone! Partly because of it's Violet Flame component - used for transmutation and partly because it carries strong love energy - a power that the body needs to combat illness.**

**The crystal is expensive BUT only a small piece is required - and it doesn't have to be top quality (these are usually pieces with strong black segments which is magnesium). The stone is very low maintenance - ie doesn't need much cleansing and it can be worn,**

**carried, placed under the pillow - placed inside water jugs to infuse them with healing energy ...**

## **ANGELS - SHOW PICTURES**

**These can be called upon both by the healer and the client - I would recommend calling upon Raphael - as the Healer of God - as well as the Angels of Faith - either the Archeia Faith or Zachariel and Assiel - who we will talk a little more about later.**

**Also Tzaphkiel - the Angel of the Violet Flame and Unconditional Love who we met earlier. Hers is the power to transform blockage, negativity and infection - mental, emotional, physical and spiritual and fill the space it creates with love. Helping us to once again feel the loving presence of the Divine in our life - helping us to feel not so alone or abandoned. VERY important for both client and the clients carer during this time.**

**Some healers believe attacking the cancer with angry thoughts is the way through but I have always been taught to love the cancer to death - to saturate it in love. This won't - in my experience - as some people fear make the cancer grow stronger - as cancer is chaos and love is order - rather it will aid in its diminishment.**

## **MASTERS**

**These can be called upon both by the healer and the client - they would be Hilarion - the Master Healer and Djwal Khul the Tibetan Master - also a great healer and Lord Khan the Lord of Order - as cancer is - as previously mentioned - sometimes seen as chaos within the body or the cells rebelling and turning against themselves.**

**Let's take a little break here - just 5 mins if that's ok - and when we return we'll TAKE SOME QUESTIONS and look at using healing to help with those orthodox therapeutic routes taken by the client and how to offer support to those caring for people with cancer.**

**PAUSE RECORDING**

**BREAK**

## **SESSION TWO - 7:50pm to 8:30**

### **QUICK QUESTIONS FROM THE FIRST HALF**

#### **RESUME RECORDING**

**Before we begin to explore how to help those undergoing treatment it's important to state that it is NOT the job of the healer to push their opinions - concerning treatment - on the client - whatever they might be.**

**The healer should NEVER judge a persons choices - no matter how much they differ from their own. ONLY if the healer is directly asked should they voice their opinion and even then they must be careful and should really place the choice back into the clients hands.**

**I ALWAYS advise my clients to follow the advice of their medical professional BUT make it clear that I will support the client irrespective of the choices that they make.**

**Having said that let's look at how we can support those clients who have made orthodox choices ...**

## **HELPING WITH CHEMO**

**It's important to state that there are a variety of different forms of Chemotherapy all of which work in different ways. It can help the healer to know what type of chemotherapy the client is undergoing - discover how it works and what the side effects might be - a Google search should do - in order to come up with a plan for healing.**

**In general there are three things to bare in mind ...**

- 1. The energetic system can go into shock and retreat or clench as a protective response - as a result of this the client can become ungrounded and their energy retreat from the very life giving forces that they need - pranic and telluric (earth energy/green ray). So grounding is very key! The easiest way to encourage the client to remain grounded is to get them to walk bare foot on the earth directly after their Chemotherapy session.**

*I would phone my sister up and make sure she did this whilst I was on the phone with her!*

**Alternately you can use grounding stones - **SHOW PICTURES** - a REALLY good one is Smokey Quartz, not only is it grounding but it also helps to dispel excess unwanted energies that can build and**

**accumulate in the aura and body as a result of some chemotherapy treatments.**

**It also is a brilliant repair stone - helping the body to recover from the damage done to healthy cells.**

**Charging a water jug with a mixture of Smokey Quartz, Sugilite and Apetite (a crystal that helps with the healing of the DNA, bones and blood cells) can create a wonderful gem elixir cocktail to help the client.**

**2. Spiritual healing is very important directly before and after chemotherapy - prior to warn the body - body consciousness and body elementals - to put them on alert as to what is happening and encourage them to work with the chemotherapy rather than against it. And after in order to both soothe the system and energise and fortify it - particularly the immune system.**

**Here orange light and the energising of the Sacral Centre is key - so as to both lend energy towards balancing the system and replenishing it. This can be projected as a healing ray or as light/colour therapy or the client can be encouraged to wear orange clothes or stones - such as Carnelian. It can also be sent absently.**

**3. Calling upon the clients Guardian Angel - and encouraging them to do so - as well as working with the healing angels is also important as they have a clearer overall picture of what the client needs and maybe able to communicate it to you or the client directly. Don't doubt any guidance you might receive whether it be colour, dietary recommendations or seemingly random pursuits (though of course do get the client to check dietary requirements with the doctor).**

**It might also be beneficial to call upon the Archangels Assiel and Gadreel but more on them in a moment.**

## **HELPING WITH RADIOTHERAPY**

**The dissipation of excess energy is even more important with radiotherapy - a form of high energy radiation that is used to treat cancer cells. It can be given both externally and internally using drugs.**

**Although the beam is concentrated and targeted Spirit say it can effect the energy of the client in a variety of ways - excess radioactive force accruing in the etheric bodies and aura and of course damage to the etheric bodies as a result of the beam slicing through them.**

**This can lead to the degradation of the energy bodies - an inability for them to repair and a contribution to the system becoming more susceptible to energetic and physical infection.**

**Grounding excess energy - as mentioned above - is key as is regenerating the etheric form - once again using orange light or crystal or the Aura soma product Etheric Rescue - **SHOW PICTURE** - a colour/herb and crystal remedy - as well as working via the chakras to restore the energy bodies to health and balance through the injection of life force energy.**

**In extremely sensitive cases - for instance where the radiotherapy targets tumours in the brain - soothing the system with light - visualised or as a light/colour therapy such as the Aura soma Light Beamer Pen or other forms of Colour Puncture can be most advantageous.**

## **HELPING WITH SURGICAL TREATMENTS**

**In regards to invasive surgical procedures - where cancers are removed etc - it is important to call upon higher powers - such as Raphael or Hilarion - to ensure that the right surgical team is on hand that day and then prepare the team, theatre and hospital by**



**working with the Violet flame to both cleanse it and protect the space from infection and invasion.**

**Hospitals are not only infectious zones for bacteria but also negative energy and entities too.**

**For those unfamiliar with the Violet flame we created earlier in the year a pamphlet - **SHOW PICTURE** - part of our Courtenay condensed series - that explains what the flame is and how it can be conjured - this is available from our website for Four Pounds Eighty including postage.**

**Working with the body elementals is also key here - these elemental governing principles within the body can help us to manage invasive surgeries. Preparing them as to what is about to occur and encouraging them to work with the surgery - rather than against it - can make a massive difference in things like blood loss and recovery.**

**For those unfamiliar with the Body elementals we have a recording of a lecture dedicated to them called Esoteric 3 - The body elementals available from the shop for Twenty Pounds.**

**Finally then ...**

## **ANGELS OF IMPORTANCE - SHOW PICTURES**

**Apart from the Archangel Raphael - who we have already name checked as THE Archangel of Healing and the Archangel Tzaphkiel SO important in the healing of cancer there is also two others worthy of note.**

**The Archangel Assiel - the angelic nurse who can be called upon to watch over those recuperating, protect them and monitor them - keeping them free from harm.**

*Mention my experience with him and my father if time.*

**And also Gadreel the Wall of God who can be called upon to create a protective boundary around the client and their home which can help stave off infection!**

**Presences can be easily invoked through petition but I include here - in the notes - some simple prayers that can be used. Speaking them once is usually enough but saying them every day can be a comfort to the soul and help us to feel like we are doing something to help in times of need.**

*I call upon the Archangel Assiel*

*Angelic Nurse*

*Assistant to Raphael*

*Guardian and protector of the sick*

*Watch over XXNAME OF CLIENTXX  
That they might be kept safe within your care  
And held within your healing light and love  
For the greater good of all  
Let this be so - so mote it be - Amen*

*I call upon the Archangel Gadreel  
Wall of God  
Angel of Protection  
Watch over XXNAME OF CLIENTXX  
Keep them safe within your boundary  
Protect their home  
Free from infection free from harm  
Held within your care  
For the greater good of all  
Let this be so - so mote it be - Amen*

**I think it's also worth mentioning that we can encourage the client and/or their carer (should they have one) to call upon the healing aAngels and/or Masters to bless any medication the client might be taking.**

**Some chemotherapy medication can have awful side effects and start to be looked upon as the enemy - even when it is not - blessing the medication then - thanking it for the work it does and preparing the body to kindly receive it can help energetically and psychologically.**

**I would encourage the client to hold the medication and either say the blessing themselves or get their carer to place their hands over the clients and say the blessing for them or with them.**

**Something like ...**

I bless this medication and give thanks  
For the wonders that it does  
Asking that it heal and not harm  
That it heal and not harm  
Body receive this gift  
Working with its ways  
And not against them  
Recognising it as friend and not foe  
As friend and not foe  
In accordance with the Angels blessing  
Let this be so.

**Which brings us to our closing channelling ... But first ... questions?**

**PAUSE RECORDING**

**QUESTIONS?**

**RESUME RECORDING**

## **CHANNELLING TZAPHKIEL - HELPING THE CARER**

- Remembering other world assistance
- The need and importance of respite care
- The importance of counselling and peer support
- Journaling
- Staying in the present moment - anticipatory grief
- Mini closing channelled prayer/meditation

## **THANKS AND NOTICES**

### **Links**

#### **Richard Tyler Interview**

<https://www.youtube.com/watch?v=s566r1bx8J4>

#### **Beamer Light Pen**

<https://www.blp-global.com/?lang=en>